



House rules in sports hall Climbing Center Koper and rules for safe climbing

Climbing on the artificial boulder demands the right knowledge, responsibility and following all safety measures. In order to avoid any unpleasantness and accidents, there are rules that have to be obeyed and followed by every visitor (climber) of Climbing Center Koper. Violating the rules can result in losing the right to use the climbing walls / boulders.

1. The participants in the Climbing Center Koper are obliged to follow the rules of safe climbing and ensure their own safety as well as the safety of all the other climbers. In case of underage climbers, the responsibility falls to their parents or caretakers.
2. Sport climbing also presents certain hazards and risks. The visitor commits to knowing, understanding and accepting the risks and possible injuries that may be a result of activities like making an error at safety measures or falling down while climbing. This applies for climbing on high wall and boulder and includes fractures, abrasions, bruises and other injuries. Climbing hand hold can become loose or even break; in all cases that arise from the nature of sport climbing, the organizer bears no responsibility for any injuries or even death. The organizer promises to review the climbing walls regularly and amend any faults and defects. In the event that any of the climbers notice any kind of fault or defect on the climbing wall, they are obliged to report it to the organizer.
3. Every climber is required to do their climbing activity in a way that doesn't put the safety of others at risk and must listen to the instructors' instructions. Everyone climbs and protects at their own responsibility and will be held responsible for any damage they may cause to the organizer or a third party while climbing.
4. Climbers have to take care of the public order and hygiene. The hall has changing rooms and toilet facilities you can use for changing your clothes.
5. Climbers have to use clean climbing footwear or sports shoes. It is forbidden to climb barefoot or in dirty shoes.

6. It is forbidden to interfere with climbing wall in any way, including moving the sets or climbing hand holds.
7. While you're in the sports hall where there is a climbing wall, we ask you to keep the noise down – don't be too loud so you won't disturb any other climbers.
8. Every visitor is required to treat the boulders with care. Do not use more magnesium than it's necessary. After you're done climbing, pick up your trash.
9. During the boulder climbing, the climbers should adjust the falls to their knowledge, capabilities and health condition. Falls should be controlled and safe. If there is another person below you, boulder climbing is strictly prohibited.
10. While boulder climbing, the climbers should not use a harness.
11. In cases of negligent and improper conduct, when a certain climber threatens their safety or the safety of others, the organizer can prohibit them from further climbing.
12. Visitors that don't intend to climb are forbidden to enter the pillow area.
13. Organizer will not be held responsible for forgotten or stolen property.
14. It is forbidden to bring food and alcoholic beverages into the hall.
15. Smoking is not allowed in the sports facilities.

HIGH WALL

When you're climbing the high wall to the top (higher than 4,5 meters) it is mandatory to use the climbing rope. The equipment (rope, harness, controllers, sets) the climbers use has to be made according to standards and appropriately taken care of. It is forbidden to climb above 4 meters without using the safety measures. It is forbidden to climb directly one after another. Climbing paths should follow the top way of protection («top rope»). Climbers should not climb when there is someone else either above or below them. It is mandatory to do the double check before climbing (check if the knots are made correctly, if the harness is okay and if the protection is fitted as it should be). Both carabiners should be embedded

in the anchor at the top. The descent should be slow and steady. Rapid descent is prohibited. The person who is protecting should do so while standing. All of their attention should be on the climber they are protecting. It is forbidden to stand, jump or run under the high wall.

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PC Plus d. o. o.